# 2026 Individual Market Qualified Health Plan Landscape

September 15, 2026 Nicole Edge, Plan Management



#### 2026 Carrier Service Areas

In 2026, CareFirst, United, and Wellpoint are statewide. Kaiser is in the counties shown in dark blue.



<sup>\*</sup>Kaiser has partial services areas in Charles, Calvert, and Frederick Counties.



### Number of 2026 QHPs by Metal Level

- Aetna exited the market (plans discontinued)
- No changes to number of plans offered by UHC and Wellpoint
- CareFirst added silver plans (2 HMO plans and 1 PPO)

	Carrier	2019	2020	2021	2022	2023	2024	2025	2026
Cat.	CareFirst - HMO	1	1	1	1	1	1	1	1
	CareFirst - PPO								
	Kaiser Permanente	1	1	1	1	1	1	1	1
	United		-						
	Aetna								
	Wellpoint							1	1
	CareFirst - HMO	1	3	3	3	3	3	3	3
	CareFirst - PPO	1	1	1	1	1	1	1	1
Bronze	Kaiser Permanente	2	2	3	3	3	3	3	3
Bro	United			2	3	4	4	3	3
	Aetna						3	3	-
	Wellpoint							3	3
	CareFirst - HMO	1	1	1	1	1	1	1	3
	CareFirst - PPO	1	1	1	1	1	1	1	2
Silver	Kaiser Permanente	3	3	3	4	4	4	3	3
Sil	United			4	4	4	4	3	3
	Aetna						4	3	-
	Wellpoint					V.		3	3
	CareFirst - HMO	1	2	2	2	2	2	2	2
	CareFirst - PPO	1	1	1	1	1	1	1	1
Gold	Kaiser Permanente	3	3	3	4	4	4	3	3
g	United			3	4	4	4	3	3
	Aetna						2	3	-
	Wellpoint					2		3	3
	CareFirst - HMO				-	-		( <del>-</del> )	(±)
F	CareFirst - PPO					-		-	-
Platinum	Kaiser Permanente	1	1	1	1	1	1	1	1
	United							-	
	Aetna							10.71	373
	Wellpoint							-	
	Total	17	20	30	34	35	44	49	43



### 2026 Qualified Health Plan Landscape

Metal Level and	Deductible		Actuarial Value	
Carrier	2025	2026	2025	2026
Bronze			60%	
CareFirst - HMO	\$6100 - \$9200	\$6100 - \$10150	63.3% - 64.7%	64.3%-64.7%
CareFirst - PPO	\$9,200	\$10,150	64.7%	64.7%
Kaiser Permanente	\$6700 - \$9200	\$6700 - \$10150	63% - 64.7%	63.4% - 64.7%
United	\$0 - \$9200	\$0 - \$10600	63.4% - 64.7%	58.5%-64.7%
Aetna	\$0 - \$9200	<u> </u>	64.9%	-
Wellpoint	\$5000 - \$9200	\$5500 - \$10150	62.7% - 65.2%	63.4%-65.2%
Silver			70%	
CareFirst - HMO	\$4,500	\$2500 - \$4500	71.3%	69.8%-71.7%
CareFirst - PPO	\$4,500	\$3,400	71.3%	71.3%-71.7%%
Kaiser Permanente	\$3200 - \$6000	\$3600 - \$6000	70% - 73.6%	70.1%-71.7%
United	\$0 - \$4500	\$0 - \$4650	70.2% - 71.3%	70.0% - 71.9%
Aetna	\$0 - \$7495		71.4%	17
Wellpoint	\$2500 - \$4500	\$2600 - \$4500	70.2% - 71.3%	70.1%-71.7%
Gold			80%	
CareFirst - HMO	\$1000 - \$1750	\$1000 - \$1750	80.8% - 81.8%	81.2% - 81.9%
CareFirst - PPO	\$1,000	\$1,000	81.8%	81.9%
Kaiser Permanente	\$0 - \$1750	\$0 - \$1750	78.7% - 84.3%	78.0% - 81.9%
United	\$0 - \$1500	\$0 - \$1500	78.7% - 81.8%	79.4% - 81.9%
Aetna	\$0 - \$1000		81.8%	_
Wellpoint	\$800 - \$1500	\$800 - \$1500	78.3% - 81.8%	78.5%-81.9%



### 2026 Dental Landscape

## Number of 2026 On-Exchange Dental Family Plans by Network Type and Tier

- No change in dental plan offerings
- All dental plans are available statewide

Carrier	Network Type	Low Tier	High Tier
CareFirst	PPO	1	1
Delta Dental	нмо	1	1
	PPO	2	1
Dominion Dental	НМО	1	1
	PPO	1	1
Total		6	5



### Questions?